



Overview: Virginia's Area Agencies on Aging

PREPARED FOR VACo

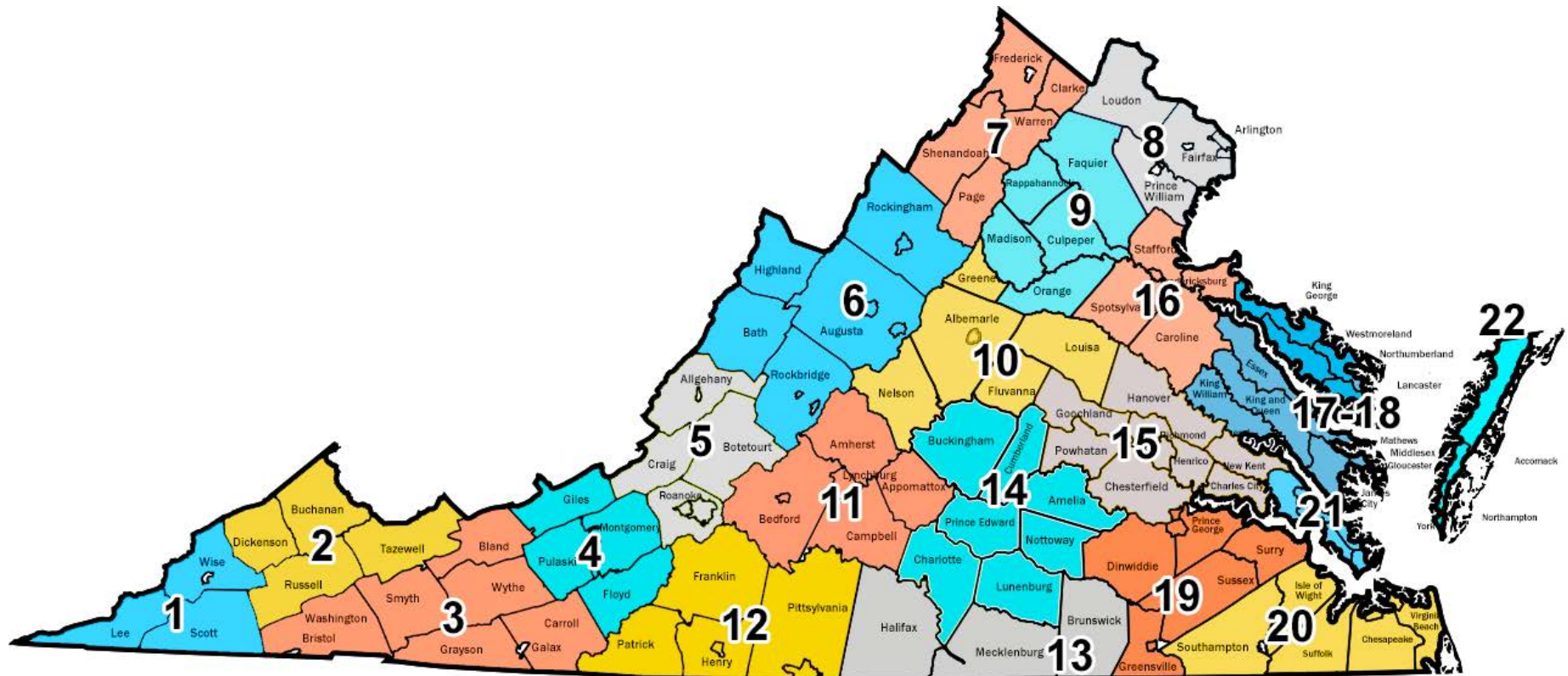
OCTOBER 26, 2020

The National Aging Network

- ▶ One Federal Agency
 - Administration for Community Living (HHS)
- ▶ 50 State Units on Aging — VA Department for Aging and Rehabilitative Services
- ▶ 622 AAA's
 - ▶ 55% Government
 - ▶ 39% Private Non-Profit
 - ▶ 05% Other



Virginia Area Agencies on Aging



Services Provided – Older Adults

- ▶ **Senior Outreach to Services**
- ▶ **Options Counseling**
- ▶ **Home Delivered Meals**
- ▶ **Congregate Dining**
- ▶ **Senior Medicare Patrol**
- ▶ **Legal Aid**
- ▶ **Elder Abuse Prevention Program**
- ▶ **In-Home Care**
- ▶ **Personal Care**
- ▶ **Senior Employment Training**
- ▶ **Service Enriched Senior Apartment Communities Program**
- ▶ **Advance Care Planning**
- ▶ **Retired and Senior Volunteer Program**

Services Provided – All Ages

- ▶ **Transportation**
- ▶ **Communication, Referral, Information & Assistance**
- ▶ **Disability Resource Center**
- ▶ **Chronic Disease Self Management**
- ▶ **Ombudsman**
- ▶ Housing Choice Voucher
- ▶ Healthy IDEAS
Depression/Anxiety
Management
- ▶ Falls Prevention
- ▶ Community Action
- ▶ Care Transitions
Intervention
- ▶ Home Repair/Modifications
- ▶ Weatherization
- ▶ Housing Rehabilitation
- ▶ Adult Day Care

Case Studies - Examples

- ▶ Bay Aging – Non Profit
 - ▶ Rural with statewide partnership - VAAACares®
 - ▶ National Financial Management Services (FMS) for Veteran Directed Care
- ▶ Appalachian Agency for Senior Citizens – Non Profit
 - ▶ Rural
 - ▶ Diversified
 - ▶ PACE



BAY AGING

DIGNITY AT EVERY AGE



BAY HEALTH
A DIVISION OF BAY AGING



BAY HOUSING
A DIVISION OF BAY AGING



BAY TRANSIT
A DIVISION OF BAY AGING

Bay Aging

Vision

Every person in our service areas will have a **CHOICE** and range of services that will assist them to remain independent in their chosen home.

Mission

Deliver the programs and services people of all ages need to live independently in their communities for as long as possible.

Governance and Organization

- Non-profit was organized as a 501(C)(3) in June 1978
- Governed by a volunteer, “tripartite” Board of Directors
- Three major divisions:
 - Community Living
 - Bay Transit
 - Bay Family Housing
- Staffing
 - 100 full-time & 200 part-time
- **23,000 people of all ages benefitted from one or more services last year**



Community Living



OPTIONS COUNSELING – GATEWAY TO SERVICES

• Health & Wellness

- Care Coordination
- Meals on Wheels
- Home & Personal Care
- Chronic Disease Management
- Transitional Care
- Prevention Education
- Fall Prevention
- Insurance Counseling
- Adult Day Care

• Advocacy & Outreach

- Advance Care Planning
- Retired & Senior Volunteer Program
- Senior Medicare Patrol
- Ombudsman
- Senior Employment

Bay Aging: Meals on Wheels

- Carol Hamlet started volunteering with Meals on Wheels in November 2012 and has been a blessing to the program ever since.

"I've been a Meals on Wheels Volunteer going on eight years and it continues to be one of the most rewarding experiences of my life," Carol noted.

- Florence Holmes, who began receiving Meals on Wheels in May of 2017, feels much the same.

"Meals on Wheels affords me with much more than food," she said. My visits with Carol provide sustenance for both body and soul. I always look forward to the time Carol and I spend together."



Home Care Services

We provide assistance with:

activities of daily living including
bathing, dressing, grooming,
transferring, and walking assistance

We also provide:

companionship, socialization and can
assist with daily housekeeping chores
like meal preparation and laundry



Bay Housing: Single - Family

Safe, healthy, affordable housing for people of all ages with low incomes. Last year:

- **570 people** of all ages lived in **272** healthy, safe & affordable homes

Innovative Partnerships

Single Family Housing leverages partnerships . . .

Dominion Energy, USDA Rural Development, Planning District Commissions, Federal and State Agencies, Counties and Towns, Businesses and Foundations

Example of substantial home rehabilitation:



Bay Housing: Multi-Family

Safe, healthy, affordable housing for people 62 years and older!
Last year:

- **366 people** 62+ lived in **317** healthy, safe and affordable **senior apartments** developed and managed by Bay Aging



- **3,185 hours of care coordination** enriched their living experience and promoted independent living

- **37 veterans** call Bay Aging's senior apartments home



Bay Housing: Senior Apartment Communities

Can you imagine living in a house that is so dilapidated that you wake up one morning to find a snake on your bed? That's what happened to Mary!

Today Mary and her dog, Destiny, live at one of Bay Aging's senior apartment communities.

To help Mary live independently longer, she receives home care, home delivered meals and access to Bay Transit public transportation.



Bay Transit

- Public transportation provider for
 - Middle Peninsula, Northern Neck
 - Charles City & New Kent Counties
- Four Fixed Route Lines
- Mobility Management
- Three Seasonal Trolleys
 - Colonial Beach, Kilmarnock, Urbanna



*Bay Transit Cares About You!
Transportation for people of ALL ages
and for ALL reasons*

Last year **3,050 people** in the Northern Neck / Middle Peninsula accessed over **140,000 rides** – 41% for people commuting to work, 20% for health care service access and 27% for other consumer services, businesses, education, county and town government offices and more!

Bay Transit: Transportation for All Ages

Art Dubey is a 78-year-old who has visual impairments that prevent him from driving.

Bay Transit has been providing Art with transportation services for over twelve years.

“Without Bay Aging, I would not be able to continue living at my home and be active in my community.”



Veteran Directed Care

- For eligible veterans of any age who are at risk of nursing home placement.
- Veterans can receive care at home and continue to live independently longer.
- Bay Aging uses the “Hub & Spoke” model to partner with other organizations.
- Bay Aging is also a nationally approved Financial Management Services provider for the Veteran Direct Care program.





VAAAACares®

A subsidiary of Bay Aging

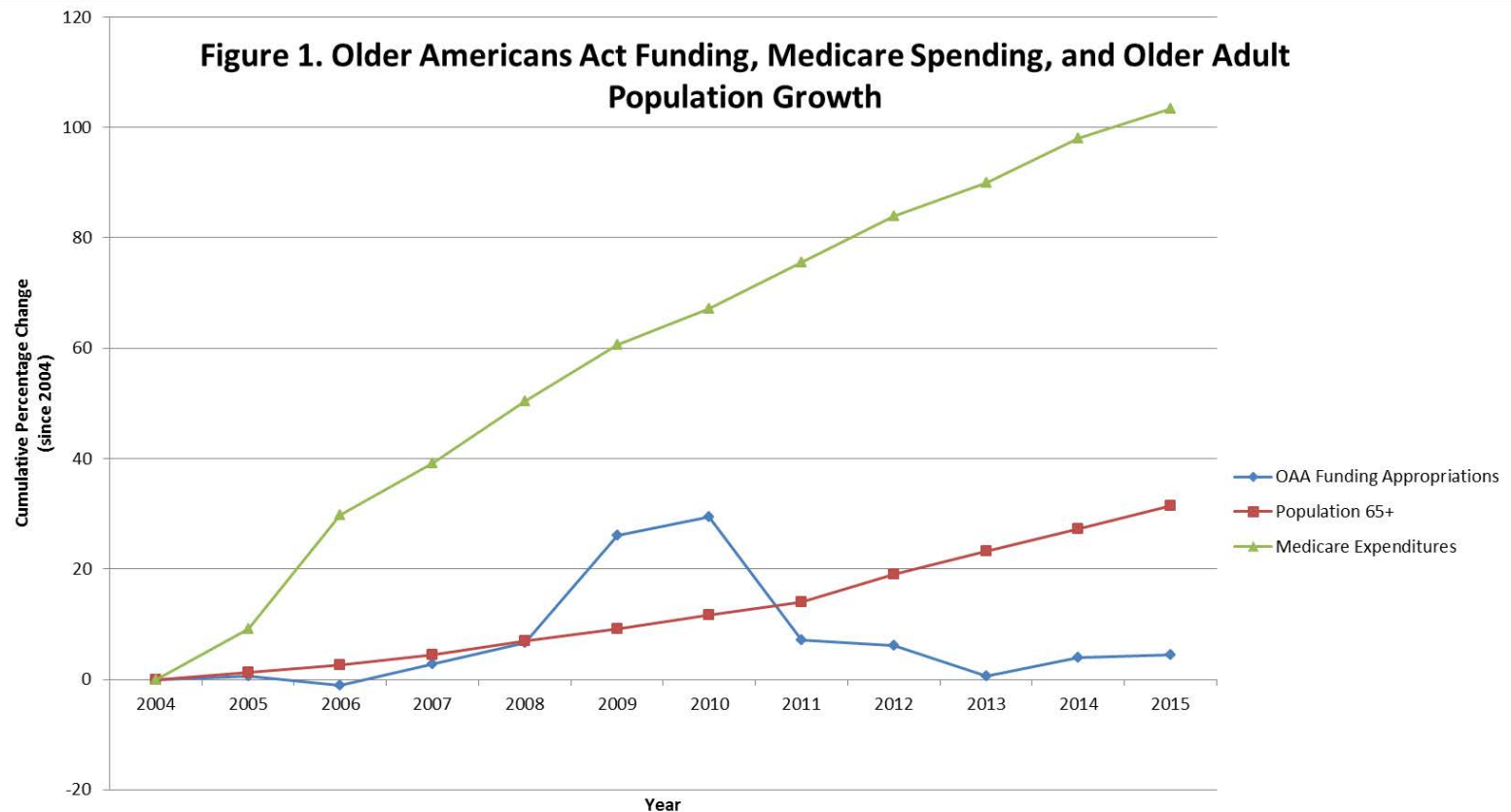
A statewide collaboration (one-stop-shop) for healthcare providers and payers

Why?

Prospects for Growth:

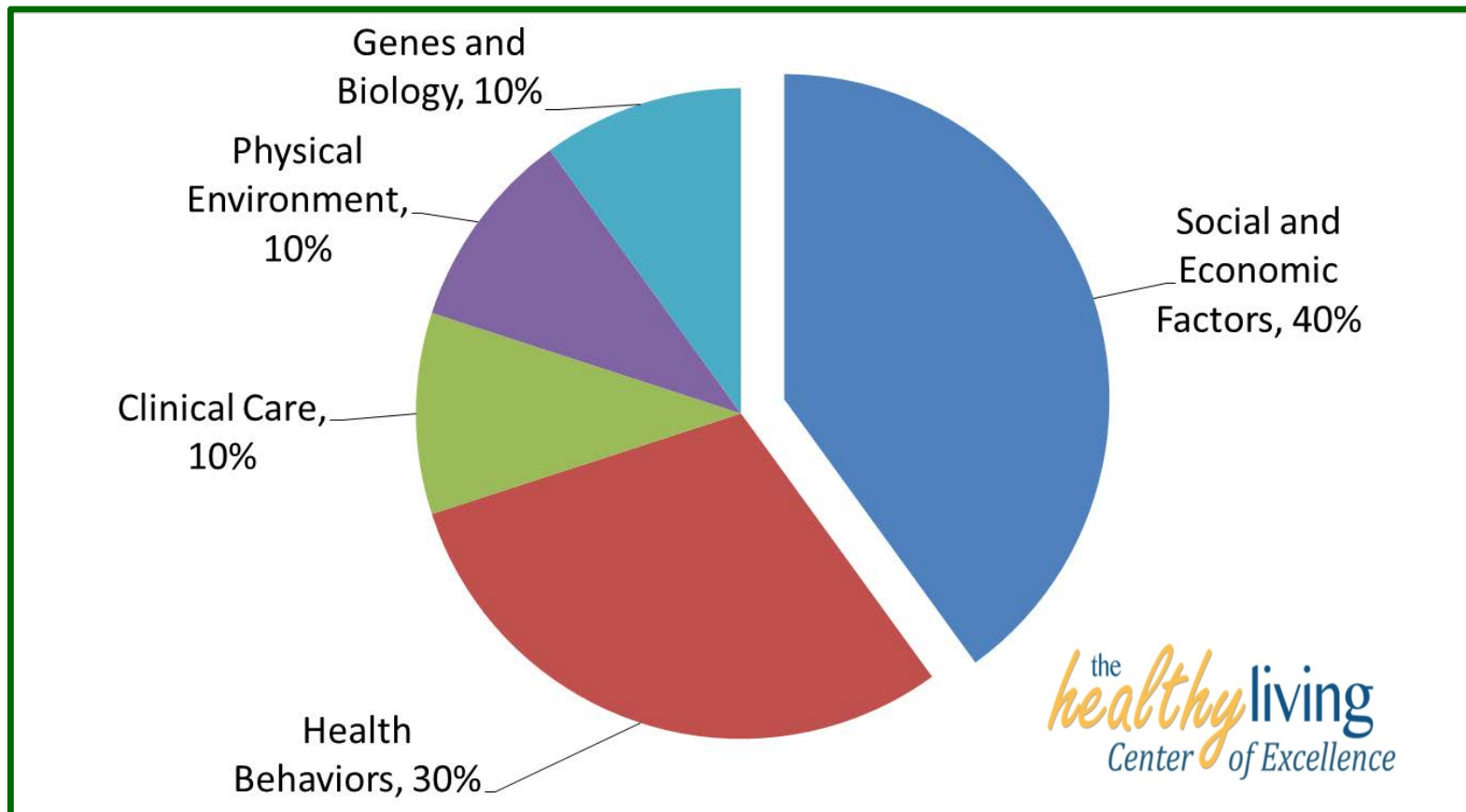
- ▶ OAA Funding has been flat for almost thirty years
- ▶ State budgets are stretched thin covering Medicaid costs
- ▶ Local government is struggling to meet budget demands
- ▶ Population continues to age at a rapid rate
- ▶ AAAs are entrepreneurial in varied business pursuits

Older Americans Act Funding, Medicare Spending, And Older Adult Population Growth



Source: Adapted from Parikh RB, Montgomery A, Lynn J. The Older Americans Act at 50—community-based care in a value-driven era. *N Engl J Med*. 2015;373(5):399-401. Values have not been adjusted for inflation.

Public Policy Framework for Improving Population Health



Value Adds from AAAs

Assessment and home stabilization strategy

Components

- Assessment
- Medication Reconciliation and Self-Management
- PCP Appointment Adherence
- Red Flags
- Patient Centered Record

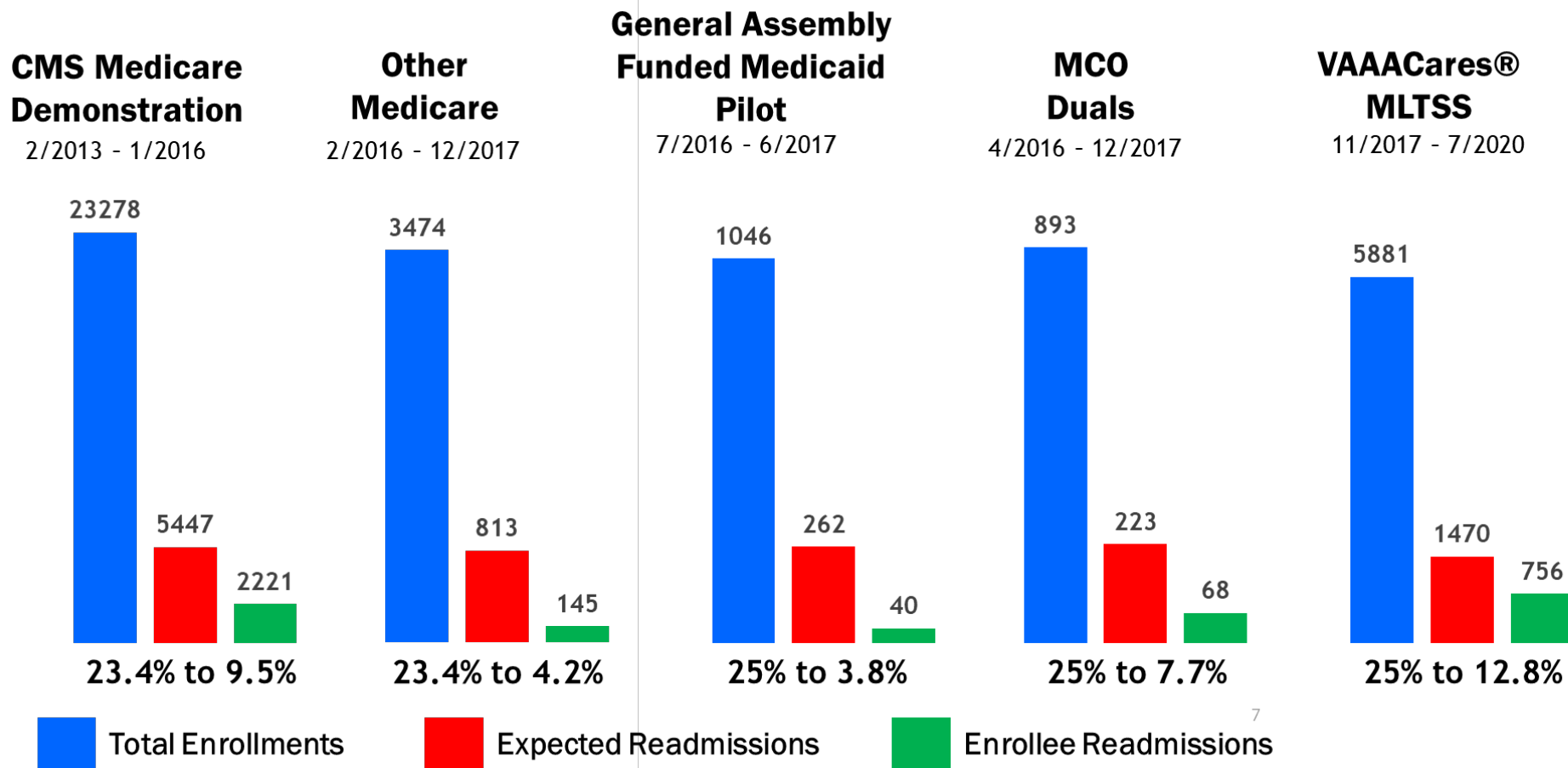
Incorporate

- Chronic Disease Self-Management Education
- Fall Prevention
- Diabetes Self-Management Education
- Healthy Ideas
- Advance Care Planning
- Telehealth / Tele-education

Other Services

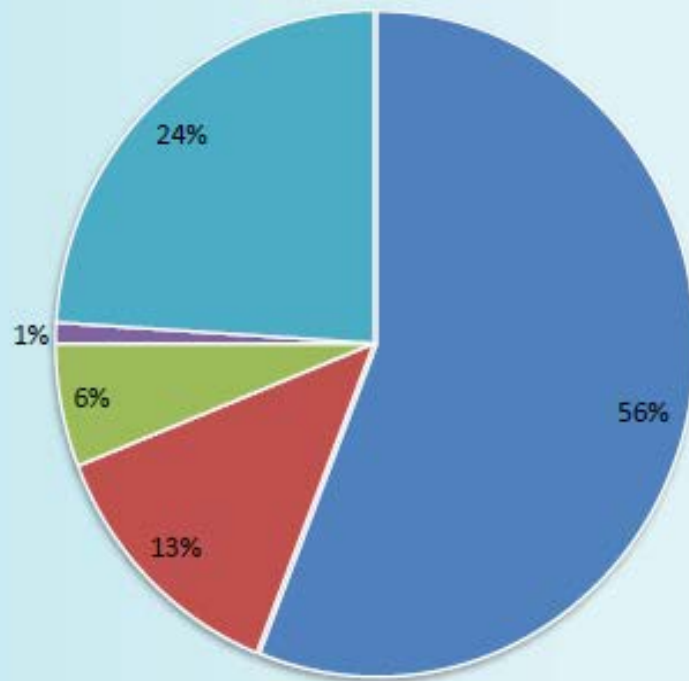
- Transportation
- Nutrition / Meals on Wheels
- Personal and Companion Care
- Emergency Services i.e. fuel assistance
- Environment Home Modifications & Repair
- Friendly Caller Program
- Adult Day Services

VAAACares® Outcomes and Cost Savings



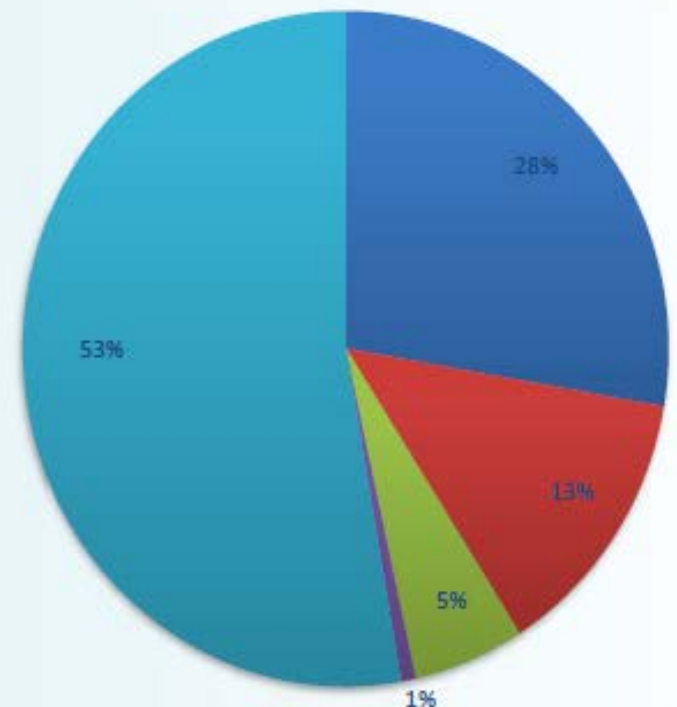
Revenue Trends

2012



■ Federal ■ State ■ Local
■ Contributions ■ Fee for Service

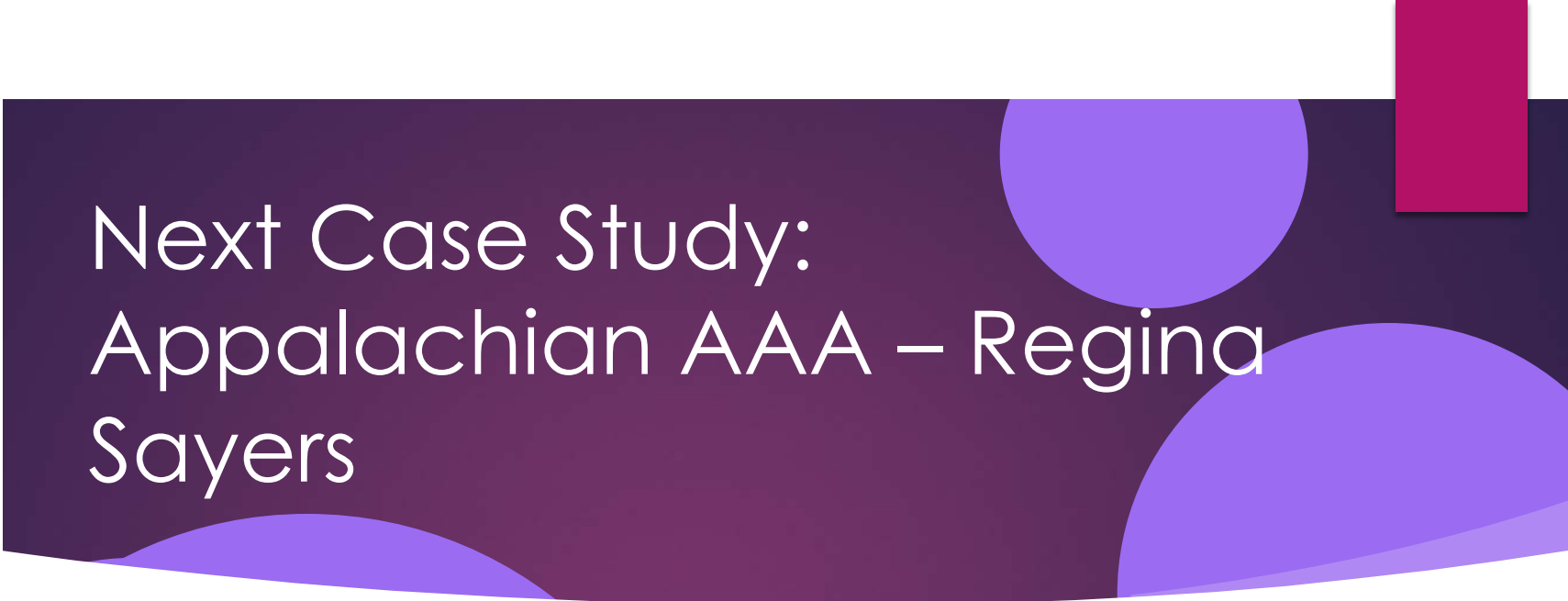
2020



■ Federal ■ State ■ Local ■ Contributions ■ Fee for Service

How Can VACo Help?

- ▶ Share with citizens AAA's breadth and excellence for services
- ▶ Advocate for AAAs
 - ▶ Examples:
 - Tell our story to other local and state policy makers – true impact and potential
 - Ohio & Indiana AAAs – Statewide designation for Medicaid
 - Alabama – Statewide NCQA accreditation



Next Case Study: Appalachian AAA – Regina Sayers

Comments/Questions?

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