



Systems of Care Senior Clinician Position

Presenters from Chesterfield County:

Shenika Carlos, Senior Clinician and Debbie Dugger, Director,
Adolescent Reporting Program

Addressing the Needs of Court Involved Youth

40-80%

of incarcerated juveniles have at least one diagnosable mental health disorder

50-75%

of youth encountering juvenile justice system meet criteria for a mental health disorder

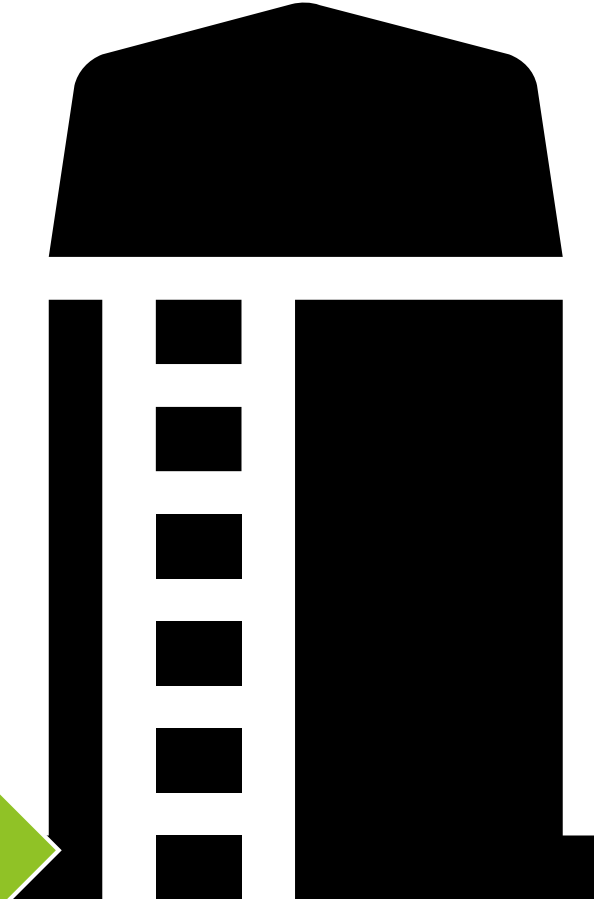


Breaking Down Silos

Juvenile Detention

Court Service Unit

Adolescent
Reporting Program



Administrator
Position
Converted to
Senior
Clinician



Trauma Informed Approach

- ▶ Consistency
- ▶ Trust
- ▶ Accountability



Client and Family Interaction



The Chesterfield Court Process

- ▶ 1. Mental Health Screening - Family
- ▶ 2. Mental Health Screening - Youth
- ▶ 3. Recommendations & Collaboration



The Chesterfield Juvenile Detention Home Process

1. Mental Health Screening - Maysi
2. Individual and Group Counseling
3. Talk & Vent
4. Detention Review



The Adolescent Day Reporting Process

1. Psychoeducational Groups
2. Crisis Intervention
3. Case Consultation
4. Staff Training



Testimonial

- ▶ I first met Ms. Carlos during parent visitation. I was sitting with my mom and I was **angry** with her. Ms. Carlos came over and talked with us. I was released from Detention and saw her again at **court** for my mental health screening. I was **nervous** at first, but then I found that I **knew her** from Detention and she had already talked with me and my mom. She recommended **anger management** and now I am at **CARP**. I **like the groups** she provides at **CARP**. I get to talk about my **problems** and feelings. We discuss **family issues** and decision making to **help** prevent us from coming back into the **system**. We also talk about our **future** (what plans we have for the next 10 years).

